











Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Student Lunch Meal \$3.25 Adult Lunch \$5.50 (Includes tax)	Yogurt Parfait Available on Tuesday and Thursday As an Ala Carte or Meal option			
3	4	5	6	7
Chicken Nuggets * Or American Cheese Melt* Baked Fries Roasted Broccoli Banana	Cheese Quesadilla * Or Hot Dog * Mashed Potato Steamed Kale Banana	Bean & Cheese Burrito * Or French Toast* Scrambled Eggs Maple Syrup Baked Fries Cauliflower Sliced Apples	Chicken Tenders* Or Beef Meat sauce* With Spaghetti Bread stick Pinto Beans Zucchini Orange	Fresh Baked Cheese * Or Pepperoni Pizza (P)* Side Salad Red Peppers Banana
10	11	12	13	14
French Toast* Scrambled Eggs Or Chicken Tender* Breadstick * Seasoned Corn Black Beans Sliced Apples	Fish Sticks* Or Beef Burger* Steamed Broccoli Cucumber Banana	Beef Nachos* Or Grilled Cheese* Fried Rice Edamame Baked Sweet Potato Banana	Waffles * Turkey Sausage* Maple Syrup Or Hot Dog* Cucumber Baked Fries Fresh Honeydew	Fresh Baked Cheese * Or Pepperoni Pizza (P)* Or Sliced Cucumber Carrots Sliced Apples
17	18	19	20	21
Winter Recess 	Winter Recess 	Winter Recess 	Winter Recess 	Winter Recess 
24	25	26	27	28
Beef Burger* Or Chicken Corn Dog* Garbanzo Beans Sautéed Kale Banana	Chicken Tenders* Breadsticks Or Beef Nachos Tater Tots Steamed Green Beans Orange	French Toast* Scrambled Eggs Or Hot Dog* Butternut Squash Black Beans Sliced Apples	Pulled Pork Rice Bowl (P) Or Cheese Quesadilla* Navy Beans Corn Apples	Fresh Baked Pizza * Or Pepperoni Pizza (P)* Spinach Salad Roasted Corn Banana

Available Every Day

[Click here](#) to see the selection of healthy snacks and beverages available.

- Bagel with Cheese Stick Served with Cream Cheese or Butter
- Sunbutter & Jelly Sandwich; Turkey or Ham Sandwich
- Side Salad

These items require payment at the register or funds on account with MySchoolBucks.



All of these are offered as a Complete Meal, including vegetable, fruit and milk .

All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White (All grains served are whole grain)

Vegetables (3/4 cup) and Apples, Oranges and Bananas are available daily.

All salad dressings are FREE from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat.

A Gluten Free Meal is available with 1 day notification

If you have any questions/concerns regarding this menu or there are special dietary needs, please email gloria.estrada@irvingtonschool.org

* Items contain Milk or Soy

***items with a (P) may contain pork. This Institution is an equal opportunity employer and provider